

ARTIZEN

HIGH PROTEIN BREAKFAST

WINTER BANOFFEE PORRIDGE 7

Organic oats, whole milk, winter spiced berries compote, omega seeds and honey

GRANOLA BOWL 8

Organic oats, whole milk, winter spiced berries compote, omega seeds and honey
- Add Protein | 2

ARTIZEN BAGEL & SMOKED SALMON 12.5

Scrambled eggs, omega seeds and pumpkin seeds

STEAK & EGGS 15

6oz Flat iron steak, duck fried egg, toasted focaccia and wild mushroom sautéed

ROLLED 3 EGG OMELETTE 9.50

Add 3 Toppings:

Bacon | Grilled Chicken | Feta | Halloumi
Mushroom | Cherry Tomato | Spinach
Broccoli | Onions | Peppers | Smoked Salmon

BREAKFAST

SMASHED AVOCADO ON TOASTED SOURDOUGH 9.5

Served with poached eggs, feta, radish and pumpkin seed
- Add Bacon | 2

ATHELIS BREAKFAST 14.5

Portobello mushroom, cherry tomato, baked beans, sausage, bacon, hashbrown, eggs and toasted sourdough

OMU-RICE 12.5

Sushi rice tossed with red peppers, spinach, red onions, chicken. Finished with soft omelette and Japanese teriyaki mayo.

JAPANESE FLUFFY PANCAKES 9.5

Served with maple syrup, berries and Mascarpone mousse

BRIOCHE BUN WITH BACON OR SAUSAGE 8.5

with Fried Eggs

KIDS BREAKFAST

KID PORRIDGE OATS 5

Fresh strawberry and honey

SAUSAGE AND EGG BARM 5

PANCAKES 6

Served with chocolate sauce and banana

MINI ARTIZEN BREAKFAST 7.5

Bacon or Sausage, hashbrown, egg, baked beans and toasted sourdough